

Shops and Services

- Pharmacy
Monday to Thursday 10:00 a.m. -12:00 p.m. Friday: 09:30 a.m. - 11:30 a.m.
Consultation Appointments are welcome
- Chiropody Clinic
Wednesday: 9:00 a.m. to 12:00 p.m.
- Beauty Shop
Thursday: 9:00 a.m. to 2:00 p.m.
Appointments: call 416-785-2500 ext. 2348
- Convenience Store
Monday to Thursday : 8:30 a.m. -1:00 p.m.
Friday: 8:30 a.m. to 12:30 p.m.
Saturday & Sunday : Closed
- Reading Room/Lending Library
Monday, Wednesday & Thursdays: 1:30 p.m. to 3:00 p.m.
- Daily Meal Times
Brunch-from 11:00 a.m. to 1:00 p.m.
Dinner - 5:30 p.m.
*Library Open: Monday, Wednesdays and Thursdays, 1- 3 pm
* Walker Repair -Last Friday of each Month, 10: 00 am Classroom AB

Contact Information
Information Line: Menu including Alternate Food Choices
416-785-2500, Ext. 2477

Service desk: 416-785-2500 Ext. 2267
Fern Fabrizi: 416-785-2500 Ext. 2297
Helen Braun: 416-785-2500 Ext. 2272

PROGRAMS ARE SUBJECT TO CHANGE
All programs take place in Assembly Room unless otherwise indicated.

PROGRAMS SUBJECT TO CHANGE DUE TO RENOVATIONS

REFER TO DAILY PROGRAM SCHEDULE, POSTED ON EACH FLOOR

NEW PROGRAMS, STARTING THIS MONTH (SEE REVERSE SIDE FOR DETAILS)

FALL PREVENTION CLASS
(WILL TAKE PLACE ON EACH FLOOR)
TRAVEL THROUGH ART - Mondays , 3:45pm
ART ON WHEELS- 9:30 am, Tuesday, 10 floor and Wednesday, 7th floor
COMMUNITY ART IN LOBBY-Thursday, 4:15pm
New GYM Location, Apt. #106 , opens May 7

YOM HASHOAH HOLOCAUST REMEMBRANCE DAY

Thursday, May 2
1:15 p.m.

Discussion Group With Marilyn
Topic:
"Your Legacy"

Mondays
May 13 at 3 p.m.
Classroom AB

YOM HA'ATZMAUT ISRAELI INDEPENDENCE DAY SPECIAL EVENING

Thursday April 9
5:30 p.m.
Special Israeli Dinner
6:45 p.m.
Israeli Dance Group Performance
(Wear Blue & White)

RHYTHM DANCE PERFORMANCE

Monday, May 13
7:00 p.m.

RESIDENT COUNCIL MEETING

Tuesday, May 14
3:30 p.m.

DRUM CIRCLE

Wednesday
May 15 & 29
2:00 pm

VICTORIA DAY Statutory Holiday

Monday May 20
2-4 pm
Refreshments & Games in Lobby

SINGALONG WITH THE POSNERS

Monday May 27
2:00 pm

BIRTHDAY CELEBRATION

Thursday May 23
2:00 pm
Birthday celebrants to arrive at 1:45 pm to have your photo taken

Outing to Jacob Theatre

Movie: "Book Club"
Tuesday, May 28
1:00-4:00 p.m.
Sign Up at Service Desk

Penthelia Singers Chamber Choir

Monday, May 29
7:00 p.m.

HANDS ON EXOTIC ANIMALS

Thursday, May 30
2:00 pm
Come enjoy some very interesting visitors

Shabbat Services
10:00 a.m.
Common Room

Saturday, May 4
with JoAnne Chisholm
Saturday, May 25
With Rabbi Rena

Sunday Concerts
1:30 – 2:30 p.m.

Acapella Concert will take place due to Sefirat HaOmer (Counting of Omer) Period of Modified Music

May 5
Adam Mishan (Acapella)

May 12
Noa and Isabelle (Acapella)

May 19
Eldan Cohen (Acapella)

May 26
Strings Attached

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 - 11:15 a.m. <u>Torah Study Group</u> Classrooms A&B</p> <p>11:00 – 2:00 p.m. <u>Drop In Gym</u> Apt# 106</p> <p>12:30 – 3:00 p.m. <u>Bridge</u> Classrooms A&B</p> <p>1:30 – 2:30 p.m. <u>Sunday Concerts</u> Assembly Room (See reverse for details)</p> <p>7:00 p.m. <u>Movie Nights</u> Assembly Room (please see posted flyers for titles of films)</p>	<p>9:00 -10:15 a.m. <u>Drop In Gym</u> Apt# 106</p> <p>9:30 – 12:00 p.m. <u>Computer Support</u> By Appointment</p> <p><u>Fall Prevention Class for Floors:</u> 8th floor - 10:00 – 10:45am 9th floor - 11:00-11:45am</p> <p>10:30 - 11:00 a.m. <u>Chair Exercise</u></p> <p><u>Fall Prevention Class</u> for 10th floor – 1:15 – 2:00 pm</p> <p>1:30 – 2:30 pm <u>Music Listening with Miriam</u> May 6 & 13</p> <p>1:30 - 2:30 p.m. <u>Singalong with the Posner's</u> May 27</p> <p>2:00-4:30 p.m. <u>Drop In Gym</u> Apt# 106</p> <p>3:45 – 4:30 <u>Travel through Art History</u> . May 6, 13, 27 Fireside Lounge</p> <p>6:30 - 7:30 p.m.</p>	<p>9:00 -10:15 a.m. <u>Drop In Gym</u> Apt# 106</p> <p>9:30 -10:15 <u>Art on Wheels</u> 10th Floor May 7,14, 21, 28</p> <p>10:30 - 11:00 a.m. <u>Chair Exercise</u></p> <p>11:00 – 12:00 Drop In <u>Computer Support</u> By Appointment</p> <p>11:15 – 11:45 a.m. <u>Jewish Culture and Traditions</u> 5th floor lounge</p> <p>1:15 -2:00 p.m. <u>Fall Prevention Class</u> 6th Floor Lounge</p> <p>1:30 – 2:45 p.m. <u>Bingo</u> Assembly Room</p> <p>1:30 – 2:30 p.m. <u>Date to be Announced</u> Mindfulness Group Greenhouse Lounge</p> <p>2:00-4:30 p.m. <u>Drop In Gym,</u> Apt# 106</p> <p>3:00 – 3:40 p.m. May 14 & 28</p>	<p>9:00 -10:15 a.m. <u>Drop In Gym</u> Apt# 106</p> <p>9:30 -10:15 <u>Art on Wheels</u> 7th Floor May 8,15, 22, 29</p> <p>9:30 – 12:00 p.m. <u>Computer Support</u> By Appointment</p> <p>10:30 - 11:00 a.m. <u>Chair Exercise</u></p> <p><u>Fall Prevention Class</u> for 6th floor – 1:00 – 1:45 pm 7th floor – 2:00 – 2:45 pm</p> <p>2:00-4:30 p.m. <u>Drop In Gym,</u> Apt# 106</p> <p>2:00 p.m. <u>Drum Circle</u> May 15 & 29 Assembly Room</p> <p>3:00 - 4:00 p.m. <u>Poetry Group</u> Classrooms A&B</p> <p>3:30 – 4:30 p.m. <u>Pianist in Lobby</u></p> <p>6:30 – 7:30 p.m. <u>Bingo</u></p>	<p>9:00 -10:15 a.m. <u>Drop In Gym</u> Apt# 106</p> <p>10:15 – 11:00 a.m. <u>Fall Prevention Class</u> Lobby</p> <p>10:30 -a.m. Dog Visit in Lobby</p> <p>1:30 – 3:00 p.m. <u>Scrabble Game</u> Lounge area outside Library Ground Level</p> <p>May 23 at 2:00 p.m. <u>Birthday Celebration</u> <i>Birthday Celebrants to arrive at 1:45 p.m.</i></p> <p>2:00-4:30 p.m. <u>Drop In Gym,</u> Apt# 106</p> <p>3:30 – 4:30 p.m. <u>Musical Theatre Group</u> Rehearsal</p> <p>4:15 – 4:45 <u>Community Art in the Lobby</u> May 9, 16, 23, 30</p> <p>6:30 - 7:30 pm. <u>Musical Appreciation</u> Fireside Lounge</p>	<p>8:30 a.m. Shacharit Service Synagogue</p> <p>9:00 -10:15 a.m. <u>Drop In Gym</u> Apt# 106</p> <p>10:00 a.m. <u>Walker Repair</u> Classroom AB</p> <p>10:30 - 11:00 a.m. <u>Chair Exercise</u></p> <p>12:30 – 3:00 p.m. <u>Bridge</u> Classrooms A&B</p> <p>1:00 – 1:45 p.m. <u>Yiddish Group</u> Assembly Room</p> <p>2:00 – 3:00 p.m. <u>Bingo</u> Assembly Room</p> <p>2:00-4:30 p.m. <u>Drop In Gym,</u> Apt# 106</p>	<p>SHABBAT SHALOM</p> <p>8:00 - 9:00 a.m. Talmud Studies Synagogue</p> <p>9:00 - 10:00 a.m. Shacharit Services Synagogue</p> <p>2:00 – 3:00 p.m. <u>Afternoon Schmooze and Games in Lobby</u> with Light Refreshments Come meet your Neighbors</p> <p>Special events for this month are outlined on reverse side.</p>

