

**Sunday, November 3
Daylight Saving Time**

**Ends
Turn your clocks back
one hour**

**PROGRAMS SUBJECT TO
CHANGE DUE TO RENOVATIONS**

**REFER TO DAILY PROGRAM
SCHEDULE, POSTED ON EACH
FLOOR**

Contact Information

Information Line: Menu including
Alternate Food Choices
416-785-2500, Ext. 2477

Service desk: 416-785-2500
Ext. 2267

Fern Fabrizi: 416-785-2500
Ext. 2297

Helen Braun: 416-785-2500
Ext. 2272

**LIBRARY OPEN: 1 – 3 p.m.
Mondays & Wednesdays- Ground
Level**

**Hard of Hearing
Group**

**Tuesday,
November 5
2:15-2:45 p.m.
Board Room**

**Royal Canadian
Legion Band**

**Tuesday,
November 5
7:00 p.m.**

Drum Circle

**Wednesday,
November 6 & 27
2:00 p.m.**

**Baycrest Museum
“Kensington
Market”**

**Thursday,
November 7
1:30 p.m.**

**Knitting Group with
Malka**

**Thursday,
November 7 & 21
10:00-11:00 a.m.
6th floor**

**Current Events with
Alec**

**Friday, November
8, 15, 22, 29
10:00 a.m.
Fireside Lounge**

**Remembrance Day
Program**

**Monday,
November 11
10:30 am
Moment of Silence
at 11:00 a.m.**

**OUTING
Mandarin
Restaurant for
Lunch**

**Tuesday, Nov. 12
11:00 a.m.
Sign up at Service
Desk**

**Resident’s Council
Meeting**

**Tuesday,
November 12
3:30 p.m.**

**Lecture
Presentations**

**Wednesday,
November 13
1:30 p.m.
“The Fashions of the
1940’s”
Thursday at 2 p.m.
November 14
“Schubert”
November 28
“Mendelssohn”**

**Royal
Conservatory
Concert**

**Wednesday, Nov.
20 at 2:00 p.m.**

**Rexall Presentation
“Feel Confident
Where You Stand”**

**Monday, Nov. 25
2:00 p.m.**

**BIRTHDAY
CELEBRATION**

**Thursday,
November 21
2:00 p.m.
Birthday celebrants
to arrive at 1:45 p.m.
to have your photo
taken**

**Improv Comedy
Class**

**Monday, Nov. 25
6:30 p.m.
Fireside Lounge**

**Town Hall
Town Meeting**

**Wednesday,
Nov. 27
4:00 p.m.**

DOG SHOW

**Wednesday,
November 27
7:15 p.m.**

Walker Repair

**Friday,
November 29
10:00 a.m.
Classrooms A&B**

**Shabbat Services
10:00 a.m.
Common Room**

**Saturdays
Nov. 2 & 30
Jo Anne Chisholm
Nov. 16
Rabbi Rena**

**Sunday Concerts
1:30 – 2:30 p.m.**

**November 3
Klezmer Band in
Memory of Steve
Zatzman**

**November 10
Flutist**

**November 17
Igor Laze**

**November 24
Ladies
Saxophone
Quartet**

Terraces Weekly Programs: November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Torah Study Group</u> 10:30 - 11:15 a.m. Classrooms A&B</p> <p><u>CHAIR YOGA</u> 10:30 – 11:15 a.m.</p> <p><u>Drop In Gym</u> 11:00 – 2:00 p.m.</p> <p><u>Bridge</u> 12:30–3:00 p.m. Classrooms A&B</p> <p><u>Sunday Concerts</u> 1:30 – 2:30 p.m. (See list of entertainers on reverse)</p> <p><u>Movie Nights</u> 7:00 p.m. (Please see posted flyers for titles of films)</p>	<p><u>Drop In Gym</u> 9:00 -12:00 noon</p> <p><u>Falls Prevention Class</u> 8th floor - 10:00 – 10:45am 9th floor - 11:00-11:45am 10th floor – 1:15 – 2:00 pm</p> <p><u>Dog Visit in Lobby</u> 10:30 am</p> <p><u>Chair Exercise</u> 10:30 - 11:00 a.m.</p> <p><u>Drop In Gym</u> 2:00-4:30 p.m.</p> <p><u>Singalong with the Posner's</u> November 18 1:30 p.m.</p> <p><u>Discussion with Marilyn</u> November 11: Topic: “Gratitude” November 25: Topic: “Bucket List” 2:45 p.m.</p> <p><u>Travel through Art History</u> November 4, 11, 18, 25 3:45 – 4:45 p.m. Fireside Lounge</p> <p><u>Travelogue</u> November 11 & 25 6:30 - 7:30 p.m.</p> <p><u>Book Club</u> November 18 7:00 – 8:00pm Classrooms A&B</p>	<p><u>Drop In Gym</u> 9:00 -12:00 noon</p> <p><u>Falls Prevention Class for</u> 11th floor - 10:00-10:45 am 5th floor --11-11:45 am</p> <p><u>Last Chair Dance Exercise</u> November 5 10:15 - 11:00 a.m.</p> <p><u>Jewish Culture and Traditions</u> 11:15 – 11:45 a.m. 6^h floor lounge</p> <p><u>Bingo</u> 1:30 – 2:45 p.m. Assembly Room</p> <p><u>Drop In Gym</u> 2:00-4:30 p.m.</p> <p><u>Terrace Community Art Hive</u> 3:00 – 4:15 p.m. Lobby</p> <p><u>Movie:</u> “Planet Earth Series” Starting Nov. 12 (See flyer for details) 6:30-7:30 p.m. Fireside Lounge</p> <p><u>Royal Canadian Legion Band</u> November 5 7:00 p.m.</p>	<p><u>Drop In Gym</u> 9:00 -12:00 Noon</p> <p><u>Art on Wheels</u> 9:20 -10:20am 7th Floor</p> <p><u>Chair Exercise</u> 10:30 - 11:00 a.m.</p> <p><u>Falls Prevention Class</u> 6th floor – 1:00 – 1:45pm 7th floor – 2:00 – 2:45 pm</p> <p><u>Drop In Gym</u> 2:00-4:30 p.m.</p> <p><u>Poetry Group</u> 3:00 - 4:00 p.m. Classrooms AB</p> <p><u>Bingo</u> 6:30 – 7:30 p.m.</p> <p><u>Bridge</u> 6:30 - 8:30 p.m. Classrooms A&B</p> <p><u>Rummy Q</u> 6:30 - 8:30 p.m. Terrace Conference Rm (Across from apt. 108)</p> <p><u>Mahjong</u> 7:00 p.m. 11th floor</p>	<p><u>Drop In Gym</u> 9:00 -12:00 noon</p> <p><u>Falls Prevention Class</u> 10:15 – 11:00 a.m. Lobby</p> <p><u>Scrabble Game</u> 1:30 – 3:00 p.m. Lounge area outside Library</p> <p><u>Birthday Celebration</u> November 21 at 2:00 p.m. <i>Birthday Celebrants to arrive at 1:45 p.m. to have your picture taken</i></p> <p><u>Classical Music Lectures</u> 2:00 – 3:00 p.m. November 14 “Schubert” November 28 “Mendelssohn”</p> <p><u>Drop In Gym</u> 2:00-4:30 p.m.</p> <p><u>Musical Movies</u> November 7 and 21 6:30 - 7:30 pm Fireside Lounge</p> <p><u>Musical Biography</u> November 14 and 28 6:30 - 7:30 pm Fireside Lounge</p>	<p><u>Shacharit Service</u> 8:30 a.m. Synagogue</p> <p><u>Drop In Gym</u> 9:00 -10:15 a.m.</p> <p><u>Current Events with Alec</u> Nov. 8, 15, 22, 29 10:00-11:00a.m. Fireside Lounge</p> <p><u>Walker Repair</u> November 29 10:00 a.m. Classrooms A&B</p> <p><u>Chair Exercise</u> 10:30 - 11:00 a.m.</p> <p><u>Bridge</u> 12:30 – 3:00 p.m. Classrooms A&B</p> <p><u>Yiddish Group</u> 1:00 – 1:45 p.m.</p> <p><u>Bingo</u> 2:00 – 3:00 p.m.</p> <p><u>Drop In Gym</u> 2:00-4:30 p.m.</p>	<p>SHABBAT SHALOM</p> <p><u>Talmud Studies</u> 8:00 - 9:00 a.m. Synagogue</p> <p><u>Shacharit Services</u> 9:00 -10:00 am Synagogue</p> <p><u>CHAIR YOGA</u> 10:30–11:15a.m.</p> <p><u>Afternoon Schmooze and Games with Light Refreshments</u> Come meet your Neighbours ! 2:00 – 3:00p.m. Lobby</p>